

Year 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Year 1	Year 1	Year 1	Year 1	Year 1
8:00					
8:05					
8:10	Warmup 8:00-8:30	Warmup 8:00-8:30	Warmup 8:00-8:30	Warmup 8:00-8:30	Warmup 8:00-8:30
8:15					
8:20					
8:25					
8:30					
8:35					
8:40	Studio Class - Acrobatics & Dance 8:35-9:55	Studio Class - Acrobatics & Dance 8:35-9:55	Open Training	Studio Class - Acrobatics & Theatre 8:35-9:55	Presentations 8:35-9:55
8:45					
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10:00	Discipline-Specific Conditioning 10:00-11:00	Open Training		Open Training	Juggling 10:00-11:00
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